



**November 2014**

**Redstone**



# Redstone Review

## Administrators' Message

Redstone is buzzing with activity! Teachers and students are preparing for their student-led conferences which will be taking place on Thursday, November 13 and the morning of Friday November 14. This year we will be using [schoolinterview.ca](http://schoolinterview.ca) to help us organize the student led conferences. A letter was sent home to families providing information on how to book a student led conference on-line. If you are having difficulty with this process please contact your child's teacher. We look forward to seeing you all during the conferences.

We want to wish Mrs. Alvarez well as she awaits the arrival of her new baby. Mrs. Alvarez's last day was on Halloween Friday. We are also pleased to welcome Ms. Cancelli to the Redstone staff. Many of you will recognize Ms. Cancelli who worked with Mrs. Gertzbein in the kindergarten class last year. Ms. Cancelli will be teaching Mrs. Alvarez's class during her leave this year.

Pizza sales continue this year and as always we will be using the money we make from the sales to support our students. Last year the pizza money was used to purchase the following services and activities: painting of the school yard, purchasing of technology, hosting GROW interactive (team building) and French presentations, supporting the school-wide Music In Mind with Glenn Marais, funding performances at the Cultural Diversity Awareness Day and purchasing snacks/treats for students during EQAO and Play Day. The money raised from pizza sales this year will continue to be used to enrich the school experiences of our students!

**Diana Dal Bello and Jennifer Anderson**



**Redstone Public School**

**235 Redstone Road**

**Richmond Hill, Ontario**

**L4S 2E2**

**Principal**

**Diana Dal Bello**

**Vice Principal**

**Jennifer Anderson**

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**Superintendent**

**Rita Russo**

**905-884-4477**

**Trustee**

**Carol Chan**

**905-881-8762**

**School Website**

**[www.redstone.ps.yrdsb.edu.on.ca](http://www.redstone.ps.yrdsb.edu.on.ca)**

**Transportation Services**

**1-866-287-7837**

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# School Council

## Donation Drive 2014/15



Redstone needs your help!

This year the Donation Drive will be taking place between November 17 and November 28. The flyer outlining prizes and dates will be coming home with the Progress Reports on November 12. Make sure to send in a donation quickly as your family will be eligible for some great Early Bird prizes. The first Early Bird draw will be on Friday, November 21.

There are also some great incentives planned for all the students once we reach certain monetary goals. See

the flyer for more information. As always we greatly appreciate your support and look forward to a great year!

Are you shopping at the Miko Warehouse Sale? Well if you shop there between December 3rd and December 14, Redstone will receive 10% of your purchase. All you have to do is get your receipt stamped and bring it into the school. School Council will collect the receipts and redeem them with the Miko company.

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*in war there are no unwounded soldiers*

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### Remembrance Day Assembly

Join us on Tuesday, November 11 to honour and remember all those who have died during the two World Wars and other conflicts. We will be having a Remembrance Day Assembly beginning at 10:10. Parents and family members are welcomed.

Thank you, Ms. Hancock for organizing such an important event.



### Remembrance Day

#### The Ode of Remembrance

*They went with songs to the battle, they were young.  
Straight of limb, true of eyes, steady and aglow.  
They were staunch to the end against odds uncounted,  
They fell with their faces to the foe.  
They shall grow not old, as we that are left grow old:  
Age shall not weary them, nor the years condemn.  
At the going down of the sun and in the morning,  
We will remember them.  
Lest we forget.*

In the First World War 61,000 Canadians died, in the Second World War 42,000 Canadians died. Many of these soldiers were dual citizens serving in the Canadian Armed Forces

## Weather Watch

All students from Junior Kindergarten to Grade 8 are expected to go out for every recess unless the principal decides that weather conditions are so poor that it would be detrimental for them to be outdoors. Students are to come to school ready for winter and prepared to be outdoors up to 40 minutes after lunch. **We always monitor the weather and, in extreme conditions e.g. wind chill; we keep the students indoors or shorten the recess breaks.**

*Please make sure that your children are dressed properly for our invigorating winter days. It is advisable for students to bring extra pants and socks. A change is often necessary due to the wet and cold weather of the winter months. To avoid adding to our clothing collection in the Lost and Found, please be sure to label all articles of clothing. Boots, hats, mitts/gloves, scarves, and snow pants for the younger children will help make recess an enjoyable time.*

*We often receive requests from parents asking us to keep their children indoors during recess times because they are not feeling well. Unfortunately, we do not have the staff or facilities to supervise students who are sick or still recovering from an illness. Students with heavy colds, etc., which are serious enough to prevent them from participating in physical education, recesses or other outdoor activities, should remain at home until their condition improves. This will benefit the students concerned and prevent the spread of illness to others.*

Exceptions are made on an individual basis for children who may need to remain indoors for an extended period of time because of a physical condition or recovery from a serious illness or accident. In such cases, a letter from the doctor is required.

## Redstone Rocks for Terry Fox!

Not only is Redstone celebrating our 10 year anniversary this year, we also mark another milestone with a decade of support for the Terry Fox Foundation.

This charitable organization was established by the family of the great Canadian, with the mandate to fulfill Terry's vision of a world without cancer by raising funds for research for a cure. During those 10 years, our greatest total raised was just over \$1100; given the significance of this anniversary, we set a goal to achieve our greatest results ever. With this year's "Fiver for Fox" campaign and through daily messages in announcements and discussions in classrooms, we realized our goal, raising over \$1500! Redstone families have shown incredible spirit and support of this very important cause over the years, and we are very proud to continue our involvement with the T. F. Foundation thanks to your generosity.

As we do each year, we celebrated our achievement with our community walk on the afternoon of Friday, October 3, completing a one km route around the Redstone neighbourhood. In the spirit of Terry, we persevered through the rain and winds, undaunted by the weather and firm in our resolve to make a difference in our great country. Thank you again for your support.

D. Inglis

### Students Demonstrating "Empathy" in October

**JK/SK** - Zoe, Kaeden,  
Anne, Nikita, Sidney,  
Jessica, Shang Bo, Farid,  
Nathan

**Gr. 1** - Radman, Grace K.

**Gr. 2** - Sella L., Amelia,  
Sadaf, Stanley

**Gr. 3** - Matthew H.,  
Madison, Ethan, Joanna

**Gr. 4** - Lucas, Shervin,  
Rodney

**Gr. 5** - Rachel, Evelyn

**Gr. 6** - Karen G., Reny L.,  
Amina R.

**Gr. 7** - Alexis B., Neha,  
Maral, Jessica Z.

**Gr. 8** - Anders T, Nika J.,  
Leah V.

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If it doesn't  
make the  
world bet-  
ter—don't  
do it!

~KID PRESIDENT

## Take Note...

-Gr.8's to Richmond Green  
-Intermediate Girls Volleyball  
Tournament @ Red Maple P.S.  
November 5

Intermediate Boys Volleyball  
Tournament @ Red Maple P.S.  
November 6

Dental Screening –JK, SK,  
grades 2 & 8  
November 10 & 11

Remembrance Day Assembly  
November 11

Progress Reports Home  
November 12

Student Led Conferences  
November 13 & 14

No School for Students  
November 14

School Council Donation Drive  
November 17 to 28

Intermediate Girls Volleyball  
Tournament @ Redstone P.S.  
November 20

VORC Outdoor Education  
Lombardo/Zonni  
November 20

VORC Outdoor Education  
Cancelli/Wainberg  
November 21

VORC Outdoor Education  
Ciani/Clark  
November 24

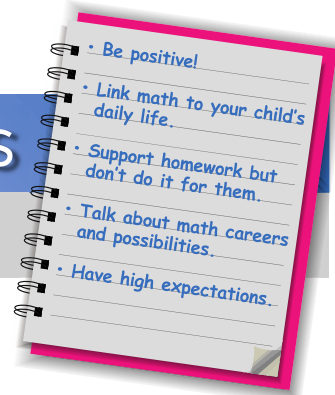
VORC Outdoor Education  
Mangaloglu/Barwin  
November 25

VORC Outdoor Education  
Wainberg—grade 4s  
November 26

VORC Outdoor Education  
Richter/Evans  
November 27

# Math Tips for Parents

*Supporting math learning and encouraging your child to love math*



## You are a math teacher!

We all know that reading with a child helps literacy skills, and that playing sports in the backyard teaches the value of teamwork and being physically active. But where are the life lessons for mathematics?

The truth is that we all use mathematics many times each day, but often don't realize it. From trips to the grocery store to swinging in a hammock, math is part of our daily lives. Don't underestimate your own math skills. You can help your child learn math!

"You are their idol. They look up to you. They don't do a good job listening to you, but they do a fantastic job imitating you." – Karl Subban, retired Toronto school principal and father of three NHL hockey players (P.K., Malcolm and Justin)

## Math in everyday life

It is important to help children recognize that everyone uses math all the time. Here are tips to help your child have a positive attitude about mathematics.

Make learning math a positive experience. Don't talk negatively about math to your child—it can lead to "math anxiety" (a proven cause of low achievement).

Schedule math homework at the same time in a quiet location every day. Be available during this period to talk with your child. Create a math homework toolkit with pencils, erasers, ruler, protractor, graph paper, counters (beads or beans) and a calculator.

When helping with homework, follow the method being taught. Don't teach short cuts that could confuse your child. Do not say, "Let me show you my way – it's simpler and faster."

Be relaxed and positive. You are not expected to be an expert. You are there to encourage learning.

If your child becomes frustrated, stop. Remind him of things that he has already learned how to do successfully, such as riding a bicycle, writing a paragraph or speaking a second language.

Ask your child's teacher for strategies to use at home that reflect your child's learning style. If your child asks for help and you do not know the answer, be honest and say, "I don't know, but let's figure it out together." If you continue to be unsuccessful, you can also ask your child's teacher for help. This gives your child permission to ask for help as well.





*"The way we talk to our children becomes their inner voice. ~ Peggy O'Mara*

## Nutrition and learning...Is there a link?



The food choices children make can influence their health and learning ability. In Nova Scotia, grade 5 students who ate a healthy diet that included a variety of foods, with an increased fruit and vegetable intake and lower caloric intake of fat were more likely to pass reading and writing tests<sup>1</sup>. Today, many children are eating too much fat, sugar and salt, and not enough vegetables, fruit and whole grains. This could be affecting how well they are doing in school.

To help get your family on the road to healthy eating, try the following:

- Encourage children to choose most foods from the four food groups in Canada's Food Guide.
- Children are influenced by their parents' eating habits and attitudes towards food— if they see you eating healthy foods, they will likely follow suit.
- Keep ready-to-eat, healthy foods on hand for the times when hunger strikes (e.g., fruit cups, yogurt, cheese strings).
- Involve children in planning meals, packing lunches and selecting snacks; use this as an opportunity to talk about healthy choices.

<sup>1</sup>Veuglers PJ, et al., 2008. Diet Quality and Academic Performance. *Journal of School Health*, 78(4): 209-215

For health-related information call York Region *Health Connection* at 1-800-361-5653, TTY 1-866-252-9933 or visit [www.york.ca/healthyschools](http://www.york.ca/healthyschools)

A healthy lunch includes at least three of the four food groups from *Canada's Food Guide*.

A healthy snack includes at least two of the four food groups from *Canada's Food Guide*.



## Take Note... (Part 2)

**Immunization for Grade 7s and Grade 8 Girls**

November 26

**Intermediate Girls Volleyball Area**

November 26

**Intermediate Boys Volleyball Area**

November 27

**Character Assembly (Responsibility) 2:00**

November 27

## Redstone Library News!

Thank you for making the Book Fair a success once again this year. We raised \$1,926.91 towards new books for the library. New books will be hitting the library shelves soon! The winner of the Family Event Door Prize was Charlie from Mrs. Lombardo's' class. Charlie received \$25 in books to take home and his class also received \$25 in books. Congratulations Charlie and Mrs. Lombardo's' class.



## Cross Country

This year, Redstone fielded one of its strongest teams ever. 60+ runners from grades 4-8 trained Tuesday and Thursday mornings to prepare for the Area Meet at Richmond Green. All of our runners ran hard and even managed to qualify for the Regional Meet held at Bruce's Mill. Individual Area results were: Hannah C. (4<sup>th</sup>) – Grade 4 Girls, Sina A. (4<sup>th</sup>), Jeanue C. (7<sup>th</sup>) and Jack B. (17<sup>th</sup>) - Grade 5 Boys, and Tarra T. (1<sup>st</sup>) and Grace T. (4<sup>th</sup>) for Grade 6 Girls. The grade 5 boys came 1<sup>st</sup> as a team and brought home our first Cross Country Pennant and the grade 6 girls came 3<sup>rd</sup> as a team at the Areas. The Roadrunners gave their best at Regionals in much bigger and more competitive races and some continue to train for the Santa Shuffle and Elf Walk to be held Saturday, December 6, at the Running Room in Newmarket. Congratulations to all participants!

## Progress Report and Report Card Time Lines

Most parents know that students now receive **one** Progress Report Card in November and **two** Provincial Report Cards, one in February and one in June. The **Progress Report** will be issued on Wednesday, November 12. Student Led Conferences will be held the evening of Thursday November 13 and during the morning of Friday, November 14th. This will provide you the opportunity to have discussion regarding your child's Learning Skills and of their general progress towards meeting the First Term expectations. Learning skills and work habits play a critical role in a student's achievement of the curriculum expectations. Information about a student's development of these skills and habits also provides a strong indication of the student's development as a self-directed learner.

The Learning Skills (with an example) are:

**Responsibility** - completes and submits class work, homework and assignments according to agreed upon timelines

**Organization** - establishes priorities and manages time to complete tasks and achieve goals

**Independent Work** - follows instructions with minimal supervision

**Collaboration** - accepts various roles and an equitable share of work in group

**Initiative** - approaches new tasks with a positive attitude

**Self-Regulation** - perseveres and makes an effort when responding to challenges

**Term One Report Cards** will be issued the week of February 16, 2015

**Term Two Report Cards** will be issued the week of June 22, 2015



Hosted by  
Richmond Green  
Secondary School Council

# Free Seminar

## Parenting Teens: Saying 'No' When the World Says 'Yes'

with Jennifer Kolari, M.S.W., R.S.W.



**Monday, November 17, 2014**

**7:00 pm - 8:30 pm**

**Richmond Green Secondary School  
1 William F. Bell Parkway, Richmond Hill**

**Info: [richmond.green.ss@sc.yrdsb.edu.on.ca](mailto:richmond.green.ss@sc.yrdsb.edu.on.ca)**

**\*Everyone Welcome\***

Light Refreshments will be Provided



Jennifer Kolari, one of the nation's leading parenting experts, will explore the delicate bond between teens and their parents and will offer parents effective strategies to avoid power struggles, help their kids make safe choices and instill in their kids the confidence and resilience to say 'No' to their peers.



Ontario Partially funded by the Ontario  
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